

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAILY FOCUS:	DAILY FOCUS:	DAILY FOCUS:	DAILY FOCUS:	DAILY FOCUS:	DAILY FOCUS:	DAILY FOCUS:
5 work priorities for today:	5 work priorities for today:	5 work priorities for today:	5 work priorities for today:	5 work priorities for today:	5 work priorities for today:	5 work priorities for today:
5 self-care priorities for today:	5 self-care priorities for today:	5 self-care priorities for today:	5 self-care priorities for today:	5 self-care priorities for today:	5 self-care priorities for today:	5 self-care priorities for today:
1 person to connect with today:	1 person to connect with today:	1 person to connect with today:	1 person to connect with today:	1 person to connect with today:	1 person to connect with today:	1 person to connect with today: